



# IR Hybrid Sauna Supplement Installation & Owner's Manual



# IMPORTANT SAFETY INSTRUCTIONS

**DANGER:** Indicates a hazardous situation that, if not avoided, will result in death or serious injury.

**WARNING:** Indicates a hazardous situation that, if not avoided, could result in death or serious injury.

**CAUTION:** Indicates a hazardous situation that, if not avoided, could result in minor or moderate injury.

**NOTICE:** Indicates information considered important, but not hazard-related.



**READ ALL INSTRUCTIONS BEFORE INSTALLATION AND USE TO AVOID INJURY OR DAMAGE TO SAUNA**



**FOLLOW SAFETY INFORMATION IN THIS DOCUMENT TO AVOID SERIOUS INJURY OR DEATH**



**REFER TO YOUR LOCAL BUILDING CODES FOR ANY SPECIFIC INSTALLATION REQUIREMENTS**



**ALL ELECTRICAL WORK NEEDS TO BE COMPLETED BY A LICENSED ELECTRICIAN. FAILURE TO DO SO COULD CAUSE INJURY OR DAMAGE TO THE HEATER.**



**KEEP THESE INSTRUCTIONS FOR FUTURE REFERENCE**



**REFERENCE SAUNA AND/OR HEATER MANUALS FOR FURTHER SAFETY INFORMATION**

## **CAUTION**

- Do not touch the IR heater panels. The heating surface of the heater may burn your skin.
- When moving and lifting heavy pieces, use two or more people. Moving pieces without adequate manpower will lead to injury.
- IR sauna components are for **INDOOR USE ONLY**; the electrical components are not design for outdoor conditions. Using the IR sauna components outdoors could lead to shock and/or damage to the components.





# ALMOST HEAVEN SAUNAS®

Thank you for your purchase of your IR Hybrid sauna! This supplement provides any additional information needed to install the IR components into the traditional sauna. Should you have any questions during assembly, please feel free to call us at **888-355-3050**, or email [sales@almostheaven.com](mailto:sales@almostheaven.com). Regular business hours are 9-5 EST, M-F.

### Your IR kit should include the following:

- IR Panels (4 for Auburn, Grayson, Madison, Rainelle & 5 for Bridgeport)
- IR Panel Power Cords (3 for Auburn, Grayson, Madison, Rainelle & 4 for Bridgeport)
- Control Panel
- Control Panel Housing
- Control Panel Cover
- Control Panel Cover Screws
- Control Panel Extension Wire
- Control Panel Wire Cover
- Power Supply
- Thermostat Wire
- Hardware Bag

### These tools are required to assemble your IR Hybrid sauna:

- Cordless drill
- Tape measure
- Step stool or ladder

Before beginning installation, we recommend using a lightly damp cloth to wipe off any dust that may have accumulated on the front of the panels during shipping.

## INSTALLATION

### NOTICE

- **A dedicated 120VAC, 15Amp circuit is required to operate the IR sauna components.**

During the ceiling installation, place the ceiling panels on top of the sauna, but do not fasten them down. Orient the panel with two holes along the clean edge, so it's on the left side of the sauna (1). Set the IR panels in the approximate location on the top benches with the cord pointing upwards (2). All units will have an IR panel at each end of the top bench. Auburn, Grayson, Madison and Rainelle have two on the back wall; Bridgeport has three. Lift the ceiling panel and feed the cord through the predrilled hole in the ceiling and set the ceiling down (3). Repeat for each panel.

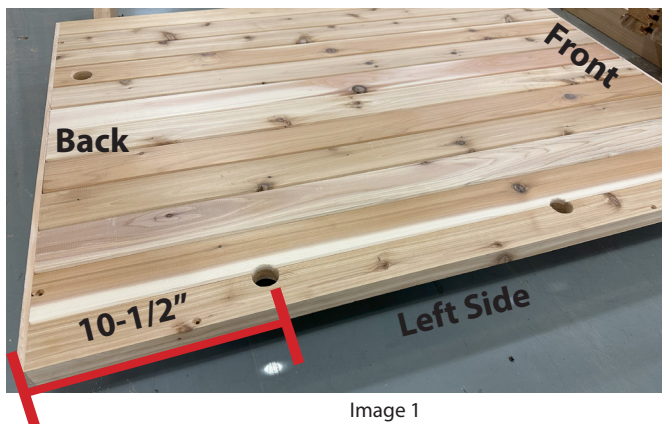


Image 1

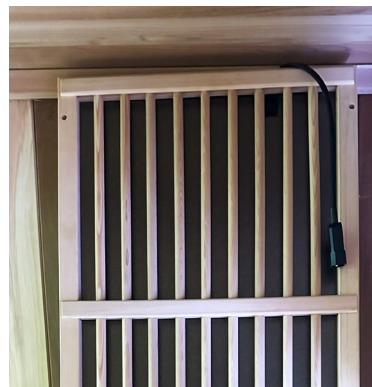


Image 2

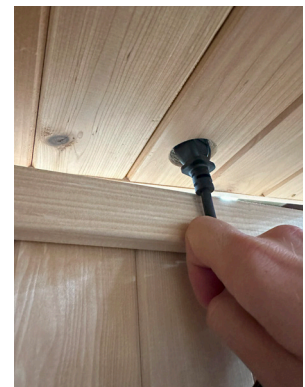


Image 3



Locate the control panel and the control panel housing. Feed the cord from the control panel through the hole in the top of the box (4). In the remaining hole on the left hand side of the ceiling, feed through the control panel cord (5). Once all of these cords are through, you can fasten the ceiling per the traditional sauna manual.

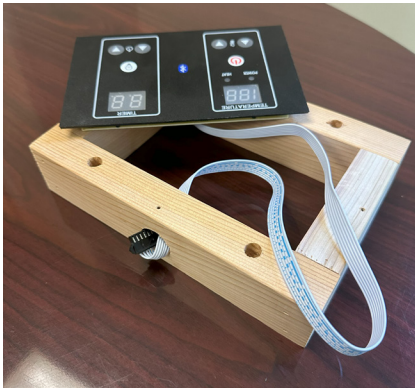


Image 4



Image 5

Locate the control panel wire cover and place it flush against the ceiling to cover the wire exit. Center the control panel housing on the wire cover, place it flush, and fasten it into place using screws from the hardware bag (6). Now take the control panel cover and install using 5/8" screws supplied in your IR kit (7). The cover has a recess in the back that the control panel face will sit in. Fasten the IR panels to the walls using screws from the hardware bag. Lift the panels up til they touch the ceiling and cover the wire exit. Fasten using predrilled holes in front face of the IR panel (8). The back wall panels will be 10.5" away from the corner, and the side wall panels will be 4" away from the corner (9). If you have a Bridgeport, the center panel is centered between the two outer panels.



Image 6



Image 7



Image 8



Image 9





**⚠ DANGER**

• Do not plug power supply into 120VAC outlet until after all IR panel, control panel, and thermostat connections have been made. Failure to do so could lead to electrocution.

Now on the ceiling of the sauna, it is time to make all the connections. Place the power supply on the top of the sauna; we recommend to place it along the back edge, centered on the sauna. Connect the control panel wire to the extension (10, bottom) then to the power supply lead wire labeled “controller panel line.” The IR panels also have extensions (10, top) that may be needed. See the table below for guidance on what extensions to use. Then plug the IR panels into the Ports labeled A-D, and E if you have a Bridgeport. They can be in any order, as long as they connect to those specific ports (11). It is important that all plugs are tight and fully connected.



Image 10



Image 11

Model	Left Panel Extension	Right Panel Extension	Back Left Panel Extension	Back Right Panel Extension	Back Middle Panel Extension
Auburn	3 Foot	3 Foot	None	3 Foot	-
Bridgeport	6 Foot	6 Foot	3 Foot	3 Foot	None
Grayson	3 Foot	3 Foot	None	3 Foot	-
Madison	3 Foot	3 Foot	None	3 Foot	-
Rainelle	3 Foot	3 Foot	None	3 Foot	-

Lastly, plug the temperature sensor (12) into the power supply cord labeled “temperature sensor”. Feed the silver end into the predrilled hole in the middle of the ceiling, just enough so it comes through to the inside of the sauna (13).



Image 12



Image 13

### LIGHT BAR

Install the light bar underneath the upper bench by fastening the brackets to the bench (14). Then the light bar will snap into the mounting brackets (15). Complete the light bar installation by following your sauna manual, this will show you how to route the wires and mount the power supply.



Image 14

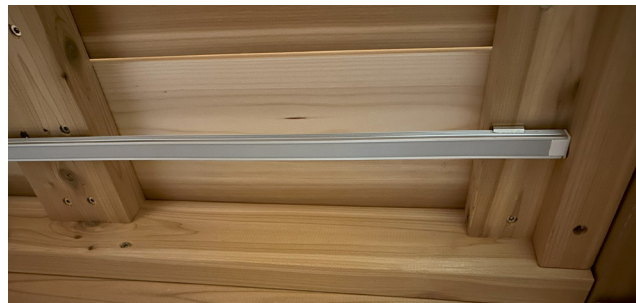


Image 15

### OPERATION

When the power supply is plugged in, the power light will be illuminated. To operate the IR panels, press the power button. The HEAT light will illuminate and the temperature and timer numbers will light up. Change the temperature set point by pressing the up and down arrows. The light will flash while changing it, and then stop flashing when the temperature is set. Similarly for the timer, use the arrows to adjust the minutes the sauna will run. Time can be selected from 5-60 minutes.

To change from C to F, press and hold both temperature arrows, then press the light bulb (16). The temperature screen will show an “F” to alert you it is changed.

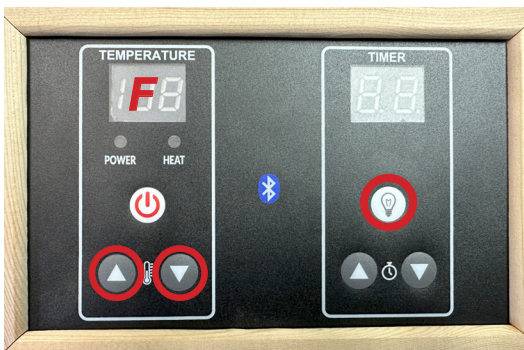


Image 16

When the timer runs out, you will hear an audible tone to alert you. To restart the sauna, add time back to the timer by adjusting the time up and down.

When your sauna session is over, simply press the power button to turn off the control panel.



## ADDITIONAL NOTES

If you have a traditional sauna heater that has a wired temperature sensor outside the heater, depending on the sauna model you may need place the sensor in an alternate location. If you have a Bridgeport, Grayson or Rainelle, you can locate it based on the heater manual. If you have an Auburn or Madison, we recommend you place the sensor on the back wall between the corner and the back right side IR panel. Locate it approximately 7" away from the corner towards the panel and 14" down from the ceiling (17).



Image 17

## **⚠ WARNING**

- Do not throw water directly onto the IR panels. This could cause electrocution and damage to the panels.
- If any of the power cords become damaged, they must be replaced immediately. Failure to do so could lead to electrocution.

Contact Almost Heaven Sales for replacement parts.

## **NOTICE**

- This is not a commercial sauna; therefore for every 3 hours running, it must be turned off for 1 hour to cool.
- The IR panels and the traditional sauna heater CANNOT be operated at the same time.
- The IR panels will only operate at 150 F and below.

## RECOMMENDATIONS

- We recommend that you preheat the sauna before use.
- Unplug the sauna when not in use. If access to the plug is hindered, use a heavy duty surge protector.





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